



## ***Skater's Code of Conduct & Dress Code***

As a member of our club, all skaters must adhere to this Code of Conduct at all times. Failure to adhere to LCSC's Skater Code of Conduct could lead to punishment up to suspension or expulsion from the club.

### **General Guidelines:**

Lincoln Center Skate Club is committed to creating a safe and positive environment for members' physical, emotional, and social development and ensuring that it promotes an environment free of misconduct. This Skater Code of Conduct has been established to ensure the safety of all members using our ice to ensure quality practice time for all members who participate in all club-related activities.

1. All skaters, regardless of whether they hold gold, silver, junior, or associate status, must follow and uphold the provisions in this Skater Code of Conduct regarding behavior on and off the ice. All club members are expected to exhibit good sportsmanship and be courteous toward their fellow skaters, coaches, parents/guardians of skaters, U.S. Figure Skating officials and guests.
2. Lincoln Center Skate Club is committed to promoting a positive and friendly environment for all skaters. Remember "The Golden Rule:" treat other people like you want to be treated — with respect.
3. Lincoln Center Skate Club is committed to promoting an environment free of bullying behavior for all skaters.
4. All skaters are expected to talk with a coach, parent, or Board Member if they experience or witness a violation of the Code of Conduct.

### **Ice Etiquette and Safety:**

1. While in lesson or practice, it is the skater's responsibility to always be conscientious and aware of other skaters around them.
2. Skaters must skate with the flow of other skaters and familiarize themselves with the most commonly used areas for jumps and spins.
3. The only time a skater has the SOLE right of way is when they are skating their program to music. When you hear another member's music, please extend that person the courtesy and move out of their path momentarily. This only takes a moment, and you will enjoy the same courtesy while you are performing your program.
4. Advanced skaters are expected to exhibit patience toward beginner members of the club. Remember, you were an inexperienced skater once, and it takes time for our future generation to advance to the point where they are completely comfortable skating with all levels of skaters.

### **Unsafe or Harmful Behavior:**

1. Unsafe or discourteous behavior of any kind will not be tolerated.
2. Bullying, the intentional behavior that is physically, emotionally, or verbally harmful, will not be tolerated.

### **Off-Ice and Locker Room Behavior**

1. Cell phones are not permitted in locker rooms or restrooms.
2. Social media or digital content that is abusive, threatening, defamatory, obscene, harassing, or creates a hostile environment will not be tolerated.
3. We encourage all skaters to be polite and respectful of others and to refrain from inappropriate or offensive commentary. Communication that is harassing, threatening, or embarrassing will not be tolerated.
4. All skaters are expected to follow the Hamilton Center Ice Arena rules and treat the Park & Rec staff with respect.
5. Be respectful of others' personal property.
6. Skaters are expected to conduct themselves in a manner that displays conduct becoming of a positive role model for themselves, their families, their school, their community, and Lincoln Center Skate Club.
7. Acts which would be considered a felony, misdemeanor, or act of delinquency are forbidden.



**Dress Code:**

The following dress code is in place to maintain the health, safety, and well-being of all LCSC club members and affiliates. The LCSC Board has the final say in determining if apparel is appropriate. Skaters not complying with any of the following will be asked to cease club activity until the concern is resolved.

- Clothing with offensive or profane language, designs, or pictures is not allowed.
- Upper body clothing must completely cover the chest, have straps or sleeves that go over both shoulders, and extend far enough below the chest so that minimal skin is visible.
- Lower body clothing must cover the knees when skating. Clothing that covers the entire legs is recommended to avoid ice burns or lacerations. Skating pants are encouraged. Shorts are not allowed when skating.
- Clothing with visible blood must be changed or cleaned to remove the blood prior to resuming any club activity.
- Earbuds, including Apple air pods, Beats, etc. are not allowed on the ice.
- Hard Guards are required on skates while they are being worn in the lobby area or in restrooms.

I have read the Code Conduct & Dress Code and agree to uphold all guidelines and tenets of this document.

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Signature (Skater)                      Printed name (Skater)                      Date

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Signature (Parent or Guardian)                      Printed name (Parent or Guardian)                      Date